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# Vertical Expandable Prosthetic Titanium Rib

Table of Contents
<a href="#">Coverage</a>
<a href="#">Policy Guidelines</a>
<a href="#">Description</a>
<a href="#">Rationale</a>
<a href="#">Coding</a>
<a href="#">References</a>
<a href="#">Policy History</a>

Related Policies (if applicable)
None

## Disclaimer

**Carefully check state regulations and/or the member contract.**

Each benefit plan, summary plan description or contract defines which services are covered, which services are excluded, and which services are subject to dollar caps or other limitations, conditions or exclusions. Members and their providers have the responsibility for consulting the member's benefit plan, summary plan description or contract to determine if there are any exclusions or other benefit limitations applicable to this service or supply. **If there is a discrepancy between a Medical Policy and a member's benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract will govern.**

## Coverage

Use of the vertical expandable prosthetic titanium rib **may be considered medically necessary** in the treatment of progressive thoracic insufficiency syndrome due to rib and/or chest wall defects in infants and children between 6 months of age and skeletal maturity.

The vertical expandable prosthetic titanium rib **should not** be used in individuals with the following conditions:

- Inadequate bone strength in the ribs or spine where the VEPTR™ device attaches,
- Absence of proximal ribs for attachment of the VEPTR™ device,
- Absent diaphragmatic function,
- Inadequate soft tissue for coverage of the VEPTR™ device,
- Age below 6 months,
- Age beyond skeletal maturity (about age 14 for girls and age 16 for boys),
- Known allergy to any of the device materials, or
- Infection at the operative site.

Use of the vertical expandable prosthetic titanium rib for all other indications, including but not limited to the treatment of scoliosis in individuals without thoracic insufficiency, **is considered experimental, investigational and/or unproven.**

## Policy Guidelines

Due to the complexity of thoracoplasty and the young age of the individuals undergoing such a procedure, implantation of the vertical expandable prosthetic titanium rib should be performed in specialized centers. Preoperative evaluation should require input from a pediatric orthopedist, a pulmonologist, and a thoracic surgeon. In addition, preoperative evaluation should require (when possible) a test for positive nutritional, cardiac, and pulmonary function.

There is no specific CPT code for this procedure. The procedure would most likely be reported with the unlisted code 22899.

## Description

The vertical expandable prosthetic titanium rib is a curved rod placed vertically in the chest to help shape the thoracic cavity. It is being evaluated in skeletally immature pediatric individuals with thoracic insufficiency syndrome to support thorax and lung development, and in pediatric individuals with scoliosis without thoracic insufficiency syndrome to slow or correct curve progression.

### Background

#### Vertical Expandable Prosthetic Titanium Rib

While spinal fusion is an approach to treatment in individuals with thoracic insufficiency syndrome, or early-onset scoliosis without thoracic insufficiency syndrome, the procedure may not be successful and may limit growth (lengthening) of the spine.

The vertical expandable prosthetic titanium rib device is a curved rod placed vertically in the chest that helps to stabilize and shape the thoracic cavity. It is positioned either between ribs, or between the ribs and either the spine or pelvis. The vertical expandable prosthetic titanium rib may be described as “rib based” growth-sparing instrumentation, which is compared with “spine based” growing rods for Cobb angle correction. The vertical expandable prosthetic titanium rib device is designed to be expanded every 4 to 6 months as growth occurs and to be replaced if necessary. Some patients require multiple devices.

### Regulatory Status

The VEPTR™ (DePuy Synthes Spine, Raynham, MA) was initially cleared (in 2004) for marketing by the U.S. Food and Drug Administration (FDA) through a humanitarian device exemption (HDE) for the treatment of thoracic insufficiency syndrome in skeletally immature patients. (1) In 2014, the VEPTR/VEPTR II™ was cleared for marketing by the FDA through the 510(k) process. The VEPTR/VEPTR II device is indicated for skeletally immature patients with severe,

progressive spinal deformities and/or 3-dimensional deformity of the thorax associated with or at risk of thoracic insufficiency syndrome. This would include patients with progressive congenital, neuromuscular, idiopathic, or syndromic scoliosis.

To identify potential individuals with thoracic insufficiency syndrome, the following categories are used:

- Flail chest syndrome;
- Rib fusion and scoliosis; and
- Hypoplastic thorax syndrome, including:
  - Jeune syndrome;
  - Achondroplasia;
  - Jarcho-Levin syndrome; and
  - Ellis-van Creveld syndrome.

FDA product code: MDI.

## Rationale

This policy was originally developed in 2005 and has been updated regularly with searches of the PubMed database. The most recent literature update was performed through February 8, 2024.

Medical policies assess the clinical evidence to determine whether the use of a technology improves the net health outcome. Broadly defined, health outcomes are length of life, quality of life, and ability to function, including benefits and harms. Every clinical condition has specific outcomes that are important to patients and to managing the course of that condition. Validated outcome measures are necessary to ascertain whether a condition improves or worsens; and whether the magnitude of that change is clinically significant. The net health outcome is a balance of benefits and harms.

To assess whether the evidence is sufficient to draw conclusions about the net health outcome of a technology, 2 domains are examined: the relevance and the quality and credibility. To be relevant, studies must represent one or more intended clinical use of the technology in the intended population and compare an effective and appropriate alternative at a comparable intensity. For some conditions, the alternative will be supportive care or surveillance. The quality and credibility of the evidence depend on study design and conduct, minimizing bias and confounding that can generate incorrect findings. The randomized controlled trial (RCT) is preferred to assess efficacy; however, in some circumstances, nonrandomized studies may be adequate. RCTs are rarely large enough or long enough to capture less common adverse events and long-term effects. Other types of studies can be used for these purposes and to assess generalizability to broader clinical populations and settings of clinical practice.

### **Progressive Thoracic Insufficiency Syndrome**

### Clinical Context and Therapy Purpose

Thoracic insufficiency syndrome is the inability of the thorax to support normal respiration or lung growth. (2) The condition results from serious defects affecting the ribs or chest wall (e.g., severe scoliosis with rib absence or rib fusion) and various hypoplastic thorax syndromes (e.g., Jeune syndrome, Jarcho-Levin syndrome). Spine, chest, and lung growth are interdependent. (3) While the coexistence of chest wall and spinal deformity is well-documented, this effect on lung growth is not completely understood.

Progressive thoracic insufficiency syndrome includes respiratory insufficiency, loss of chest wall mobility, worsening 3-dimensional thoracic deformity, and/or worsening pulmonary function tests. As a child grows, progressive thoracic deformity and rotation toward the concave side occurs with worsening respiratory compromise. This progression is often accompanied by a need for supplemental oxygen and can require mechanical ventilation.

The purpose of the vertical expandable prosthetic titanium rib in individuals who have progressive thoracic insufficiency syndrome is to provide a treatment option that is an alternative to or an improvement on existing therapies.

The following PICO was used to select literature to inform this policy.

#### *Populations*

The relevant population of interest is children who have progressive thoracic insufficiency syndrome.

#### *Interventions*

The therapy being considered is the vertical expandable prosthetic titanium rib. The vertical expandable prosthetic titanium rib device is a curved rod placed vertically in the chest that helps to stabilize and shape the thoracic cavity. It is positioned either between ribs or between the ribs and either the spine or pelvis. The vertical expandable prosthetic titanium rib device is designed to be expanded every 4 to 6 months as growth occurs and to be replaced if necessary. Some patients require multiple devices.

#### *Comparators*

Relevant comparators include respiratory supportive care.

#### *Outcomes*

The general outcomes of interest are symptoms, morbid events, functional outcomes, treatment-related mortality, and treatment-related morbidity. Based upon existing literature, follow-up of 2-5 years is recommended.

### Study Selection Criteria

Methodologically credible studies were selected using the following principles:

- To assess efficacy outcomes, comparative controlled prospective trials were sought, with a preference for RCTs.

- In the absence of such trials, comparative observational studies were sought, with a preference for prospective studies.
- To assess long-term outcomes and adverse events, single-arm studies that capture longer periods of follow-up and/or larger populations were sought.
- Studies with duplicative or overlapping populations were excluded.

### Uncontrolled Studies

Thoracic insufficiency occurs in a limited patient population, and the literature on the use of the vertical expandable prosthetic titanium rib consists mostly of case series from single institutions (some series are from specialized pediatric centers); no comparative trials have been identified.

Data submitted to the U.S. Food and Drug Administration (FDA) on thoracic insufficiency syndrome include an initial feasibility study involving 33 patients and a subsequent prospective study of 224 patients (214 with baseline data) at 7 study sites. (1) Of these, 94 patients had rib fusion, 93 had hypoplastic thoracic syndrome, 46 had progressive scoliosis, and 14 had flail chest as a cause of their thoracic insufficiency syndrome. Three- and 5-year follow-up rates for the multicenter study were approximately 95%. Of the 247 patients enrolled in either study, 12 (4.8%) patients died, and 2 withdrew. None of the deaths, as determined by investigators, were related to the vertical expandable prosthetic titanium rib. Because standard pulmonary function testing was not possible for most of this population, an assisted ventilatory rating was used to assess impact on respiratory status. The assisted ventilatory rating ranged from 0 (unassisted breathing on room air) to 4 (full-time ventilatory support). In the multicenter prospective study, the assisted ventilatory rating outcome improved or stabilized for 93% of the patients. Data were not reported for the number of patients who were no longer dependent on a ventilator.

Campbell et al. (2004), who developed the vertical expandable prosthetic titanium rib, and colleagues reported on 27 patients who had surgery for thoracic insufficiency syndrome and at least 2 years of follow-up data. This series was based on 41 patients treated between 1990 and the study reporting. (4) Entry criteria for the study were acceptance by pediatric general surgeon, pediatric pulmonologist, and pediatric orthopedist; age 6 months to skeletal maturity; progressive thoracic insufficiency syndrome; more than 10% reduction in height of the concave hemithorax; and 3 or more anomalous vertebrae, with 3 or more fused ribs at the apex of the deformity. Patients were followed up for an average of 3.2 years (range, 2 to 12). Before surgery, the mean annual rate of progression was 15° per year (range, 2° to 50°). Following surgery, the Cobb angle (of scoliosis) improved from 74° to a final value of 49°. Spine growth was at a rate of 0.8 cm per year (normal spinal growth is 0.6 cm/year for ages 5 to 10 years). The final forced vital capacity (FVC) was 49% of predicted value in the 19 children who could complete pulmonary function tests (PFTs). Preoperatively, 1 patient required continuous positive airway pressure (CPAP), and another needed supplemental oxygen for ventilatory support at final follow-up.

Flynn et al. (2013) reported an average 40.7-month follow-up (range, 25 to 78) in 24 children with nonsyndromic congenital scoliosis. (5) Twenty-three (95.8%) children had associated rib

fusions, and the average age at surgery was 3.3 years (range, 0.7 to 12.5). With a mean of 5 expansion surgeries per patient (range, 1 to 10), the mean Cobb angle improved by 8.9° and mean thoracic height improved by 3.41 cm. Eight (33%) patients had a total of 16 adverse events, all of which required surgery.

Gadepalli et al. (2011) examined growth and pulmonary function in 26 children who received a vertical expandable prosthetic titanium rib between 2006 and 2010. (6) In this case series, the children underwent 29 insertions and 57 expansions, with an average of 3 surgeries per child. Each procedure required an average 0.97 days in the intensive care unit and 4.41 days in the hospital. The mean Cobb angle improved by 29%, from 64.7° preoperatively to 46.1° postoperatively. Lung volumes measured by yearly thoracic computed tomography (CT) scans were similar when corrected for age. PFTs were performed every 6 months in patients (n=12) who were not ventilator-dependent and could cooperate with the procedure. PFTs showed no significant change from baseline to follow-up in percent predicted values for forced expiratory volume in 1 second (FEV1) (54.6 L vs. 51.8 L), FVC (58.1 L vs. 55.9 L), or residual volume (145.3 L vs. 105.6 L). Reoperation was required for 14 complications; 4 for chest tube placement (pneumothorax), 1 for seroma drainage, 6 for hardware removal (for infection), and 3 for hardware repositioning (for dislodgement). Another 22 complications were treated nonoperatively.

Emans et al. (2005) reported results on patients with thoracic insufficiency syndrome who underwent the procedure at a single children's hospital from 1999 to 2005. (7) Thirty-one patients with fused ribs and thoracic insufficiency syndrome were treated; 4 patients had prior spinal arthrodesis with continued progression of deformity. Before surgery, all patients showed progressive spinal deformity, progressive chest deformity, or progressive hemithoracic constriction. The mean age was 4.2 years, and mean follow-up was 2.6 years (range: 0.5 to 5.4). A 3-member team selected patients for surgery and cardiac function was evaluated preoperatively. Lengthening of the vertical expandable prosthetic titanium rib was planned for every 4 to 6 months, but often was longer due to intercurrent illness or difficulty with travel. The mean number of device lengthening was 3.5 (range, 0 to 10). Six patients had device exchanges for growth. In 30 patients, spinal deformity was controlled, and growth continued (1.2 cm/year) in the thoracic spine during treatment at rates similar to healthy children. In this study, final FVC was 73.5% of predicted levels. Prior to the procedure, 2 patients were on ventilators and 3 patients required oxygen. At final follow-up, 1 patient required oxygen. Lung volume (measured by CT scan) in the operated lung increased from 157 cm<sup>3</sup> preoperatively to 326 cm<sup>3</sup> at the final follow-up visit.

Motoyama et al. (2006) reported on 10 patients with thoracic insufficiency syndrome. (8) Using a special portable PFT device, they evaluated lung function in 10 children who had a vertical expandable prosthetic titanium rib. The median age was 4.3 years (range, 1.8 to 9.8) at first test, and patients were followed for an average of 22 months (range, 7 to 33). At baseline, FVC showed moderate-to-severe decrease (69% of predicted), indicating the presence of significant restrictive lung defect. FVC increased significantly over time, with an average rate of 26.8% per year, similar to that of healthy children of comparative ages. In terms of percent predicted

values, FVC did not change significantly between the baseline and last test (70.3%), indicating that in most children studied, lung growth kept up with body growth.

Waldhausen et al. (2007) published a series of 22 patients. (9) Seven (19%) of the 36 vertical expandable prosthetic titanium rib units placed required revision and 10 of 22 children reported better activity levels while 2 of 22 children reported better respiratory function.

Other series have discussed weight gain after use of vertical expandable prosthetic titanium rib in thoracic insufficiency syndrome (10) or early changes in pulmonary function. (11)

### Section Summary: Progressive Thoracic Insufficiency Syndrome

The evidence evaluating use of vertical expandable prosthetic titanium rib thoracoplasty to treat children with progressive thoracic insufficiency syndrome due to rib and/or chest wall defects consists of case series. Results from the case series reported by different specialty centers have demonstrated improvement and/or stabilization in key measures with use of the vertical expandable prosthetic titanium rib in progressive thoracic insufficiency syndrome. This improvement has been noted in measures related to thoracic structure (e.g., Cobb angle for those with scoliosis), growth of the thoracic spine and lung volumes, and stable or improved ventilatory status. While pulmonary function testing is difficult to track in patients suffering with thoracic insufficiency syndrome, a study has demonstrated an age-specific increase in FVC; further still, that same study reported a final FVC in the range of 50% to 70% of predicted value. Given the usual disease course of worsening thoracic volume and ventilatory status, the stabilization and/or improvement in the clinical measures outlined above would be highly unlikely if not for the intervention. Taken together, these outcomes demonstrate the positive impact of using the vertical expandable prosthetic titanium rib technology.

### **Early-onset Scoliosis Without Thoracic Insufficiency Syndrome**

#### Clinical Context and Therapy Purpose

The purpose of the vertical expandable prosthetic titanium rib in individuals who have early-onset scoliosis without thoracic insufficiency syndrome is to provide a treatment option that is an alternative to or an improvement on existing therapies.

The following PICO was used to select literature to inform this policy.

#### *Populations*

The relevant population of interest is young children with early-onset scoliosis without thoracic insufficiency syndrome.

#### *Interventions*

The therapy being considered is the vertical expandable prosthetic titanium rib. The vertical expandable prosthetic titanium rib device is a curved rod placed vertically in the chest that helps to stabilize and shape the thoracic cavity. It is positioned either between ribs or between the ribs and either the spine or pelvis. The vertical expandable prosthetic titanium rib device is

designed to be expanded every 4 to 6 months as growth occurs and to be replaced if necessary. Some patients require multiple devices.

### *Comparators*

Relevant comparators include spinal fusion and bracing.

### *Outcomes*

The general outcomes of interest are symptoms, morbid events, functional outcomes, treatment-related mortality, and treatment-related morbidity. Based on the limited literature available on the vertical expandable prosthetic titanium rib for early-onset scoliosis without thoracic insufficiency syndrome, follow-up of at least 4 years is recommended.

### Study Selection Criteria

Methodologically credible studies were selected using the following principles:

- To assess efficacy outcomes, comparative controlled prospective trials were sought, with a preference for RCTs.
- In the absence of such trials, comparative observational studies were sought, with a preference for prospective studies.
- To assess long-term outcomes and adverse events, single-arm studies that capture longer periods of follow-up and/or larger populations were sought.
- Studies with duplicative or overlapping populations were excluded.

### Non-randomized Controlled Studies

Farley et al. (2014) used data from a prospective registry to compare treatment of congenital scoliosis using the vertical expandable prosthetic titanium rib (n=22) with treatment using spinal fusion (n=27) and observation (n=184). (12) Function, pain, and mental health status were measured with the 22-item Scoliosis Research Society questionnaire. Compared with the observation group, the vertical expandable prosthetic titanium rib group had higher total and image scores at the second and third visits and higher function scores at the third and fourth visits. Interpretation of this study is limited due to confounding factors, including age at treatment, unknown comorbidities, and the rationale for treatment selection.

### Uncontrolled Studies

An uncontrolled cohort study conducted by El-Hawary et al. (2017) enrolled 63 children (mean age, 6.1 years) with early-onset scoliosis measuring more than 45 degrees (mean, 72 degrees) and no rib abnormalities or thoracic dysplasia. (13) Outcomes of interest were change in major and secondary scoliosis curves and spinal growth, based on change in coronal spine height and sagittal spine length. After 2.2 years follow-up, the mean major scoliosis curve was reduced from 72 to 57 degrees ( $p<0.0001$ ), while the secondary scoliosis curve was reduced from 42.8 to 39.6 degrees ( $p=0.009$ ). Results were similar for the change from baseline in coronal spine height ( $p<0.0001$ ) and sagittal spine length ( $p<0.0001$ ). Seventy-nine percent (42 of 65) of patients were deemed to have treatment success, based on a composite outcome that included controlling the major scoliosis curve and improving the coronal spine height. Nearly half of the



patients (49%; 31 of 65) had an adverse event associated with vertical expandable prosthetic titanium rib surgery, including 15 instances of device migration.

Longer follow-up of the cohort was subsequently reported by El-Hawary et al. (2020). (14) Data were available for 59 patients (mean age, 6.1 years) at a mean follow-up of 6.9 years. At follow-up, the vertical expandable prosthetic titanium rib was in place in 24 patients. Among the other patients, 3 had the prosthetic rib removed, 11 converted to other devices, and 13 had undergone definitive fusion. Two patients had died and 6 were lost to follow-up. At final follow-up, the mean major scoliosis curve was 61 degrees ( $p < 0.001$  vs. baseline), while secondary scoliosis curve regressed to nearly baseline (42 degrees;  $p = 0.54$  vs. baseline). Coronal spine height ( $p < 0.001$ ) and sagittal spine length ( $p < 0.001$ ) remained significantly improved from baseline. Results were similar in a subset of 29 patients that had the vertical expandable prosthetic titanium rib in place for over 5 years. At 5-years follow-up, there were 24 instances of device migration and 1 occurrence of a device-related Grade 3 adverse event; 2 deaths were deemed not treatment-related.

### Case Series

A case series conducted by White et al. (2011) reported on the off-label use of spine-to-spine vertical expandable prosthetic titanium rib to treat spinal deformity in 14 children without chest wall abnormalities. (15) The indications for the dual spine-to-spine rods were absence of a primary chest wall deformity, progression of spinal deformity to a Cobb angle of greater than 50°, and migration of a previously placed proximal rib anchor or a prior non-vertical expandable prosthetic titanium rib growing rod to the point of loss of stable fixation. At final follow-up (24 to 48 months), there was an improvement in the Cobb angle from 74° to 57°, an increase in T1-S1 height from 260 to 296 mm, and no significant change in kyphosis. Complications occurred in 6 (43%) of 14 patients and included 3 rod fractures in 2 patients, 3 superficial infections, and 1 case of prominent hardware that threatened skin integrity. As noted by the authors, while results were similar to those obtained with other growing rods, “the high complication rates, need for multiple procedures in growing children, and small relative gains in radiographic parameters still challenge proof of the efficacy of all such treatment methods.”

### Section Summary: Early-onset Scoliosis Without Thoracic Insufficiency Syndrome

The evidence evaluating use of the vertical expandable prosthetic titanium rib thoracoplasty to treat young children with early-onset scoliosis without thoracic insufficiency syndrome consists of a non-randomized controlled study, an uncontrolled cohort study, and a case series. The vertical expandable prosthetic titanium rib is being evaluated for curves greater than 45° in infants and juveniles without thoracic insufficiency. Similar to thoracic insufficiency syndrome, limited data are available on the use of the vertical expandable prosthetic titanium rib for early-onset scoliosis without thoracic insufficiency. Additionally, little is known about the disease progression of early-onset scoliosis, and therefore little is known regarding the risk-benefit tradeoff of the vertical expandable prosthetic titanium rib surgery.

### **Adverse Events**

Complications that occur with vertical expandable prosthetic titanium rib need to be considered by practitioners and families when discussing this procedure. The FDA review and the articles by Campbell et al. (2004) and Emans et al. (2005) have informed the summary on complications arising from vertical expandable prosthetic titanium rib. (1, 4, 7) Up to 25% of patients may experience device migration, including rib erosion. Approximately 10% of patients had infection-related complications. Brachial plexus injury or thoracic outlet syndrome occurred in 1% to 7% of these series. Skin sloughing was reported in 4 (15%) patients in the study by Campbell. Waldhausen et al. (2016), in a single-center series, reported on device-related complications in 22 of 65 patients treated for thoracic insufficiency syndrome over a 13-year period. (16)

### **Summary of Evidence**

For individuals who have progressive thoracic insufficiency syndrome due to rib and/or chest wall defects in childhood who receive vertical expandable prosthetic titanium rib thoracoplasty, the evidence includes case series. Relevant outcomes are symptoms, morbid events, functional outcomes, and treatment-related mortality and morbidity. Results from case series reported at different specialty centers have demonstrated improvement and/or stabilization in key measures with use of the vertical expandable prosthetic titanium rib in progressive thoracic insufficiency syndrome. This improvement has been noted in measures related to thoracic structure (e.g., Cobb angle for those with scoliosis), growth of the thoracic spine and lung volumes, and stable or improved ventilatory status. While pulmonary function testing is difficult to track in patients suffering with thoracic insufficiency syndrome, a study has demonstrated an age-specific increase in forced vital capacity (FVC); further still, that same study reported a final FVC in the range of 50% to 70% of predicted value. Given the usual disease course of worsening thoracic volume and ventilatory status, the stabilization and/or improvement in the clinical measures outlined above would be highly unlikely if not for the intervention. Taken together, these outcomes demonstrate the positive impact of using the vertical expandable prosthetic titanium rib technology. The evidence is sufficient to determine that the technology results in an improvement in the net health outcome.

For individuals with early-onset scoliosis without thoracic insufficiency syndrome who receive vertical expandable prosthetic titanium rib thoracoplasty, the evidence includes a non-randomized controlled study, an uncontrolled cohort study, and a case series. Relevant outcomes are symptoms, morbid events, functional outcomes, and treatment-related mortality and morbidity. The vertical expandable prosthetic titanium rib is being evaluated for curves greater than 45° in infants and juveniles without thoracic insufficiency. Similar to thoracic insufficiency syndrome, limited data are available on the use of the vertical expandable prosthetic titanium rib for early-onset scoliosis without thoracic insufficiency. Additionally, little is known about the disease progression of early-onset scoliosis, and therefore little is known regarding the risk-benefit tradeoff of the vertical expandable prosthetic titanium rib surgery. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

### **Practice Guidelines and Position Statements**

No relevant guidelines or position statements were identified.

### Ongoing and Unpublished Clinical Trials

Some currently ongoing and unpublished trials that might influence this policy are listed in Table 1.

**Table 1. Summary of Key Trials**

NCT Number	Trial Name	Planned Enrollment	Completion Date
<b>Ongoing</b>			
NCT01672749	Evaluation of a Growth Guiding Construct vs. Standard Dual Growing Rods and vertical expandable prosthetic titanium rib (VEPTR) for the Treatment of Early Onset Scoliosis Patients: A Prospective Multi-center Cohort Study With a Matched Historical Control	51	Apr 2027
<b>Unpublished</b>			
NCT02241954	Vertical Expandable Prosthetic Titanium Rib (VEPTR) for Thoracic Insufficiency Syndrome	7 (actual)	Feb 2020 (completed)

NCT: national clinical trial.

## Coding

Procedure codes on Medical Policy documents are included **only** as a general reference tool for each policy. **They may not be all-inclusive.**

The presence or absence of procedure, service, supply, or device codes in a Medical Policy document has no relevance for determination of benefit coverage for members or reimbursement for providers. **Only the written coverage position in a Medical Policy should be used for such determinations.**

Benefit coverage determinations based on written Medical Policy coverage positions must include review of the member's benefit contract or Summary Plan Description (SPD) for defined coverage vs. non-coverage, benefit exclusions, and benefit limitations such as dollar or duration caps.

<b>CPT Codes</b>	22899
<b>HCPCS Codes</b>	None

\*Current Procedural Terminology (CPT®) ©2023 American Medical Association: Chicago, IL.

## References

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14. El-Hawary R, Morash K, Kadhim M, et al. VEPTR treatment of early onset scoliosis in children without rib abnormalities: long-term results of a prospective, multicenter study. *J Pediatr Orthop.* Jul 2020; 40(6):e406-e412. PMID 32501900
15. White KK, Song KM, Frost N, et al. VEPTR growing rods for early-onset neuromuscular scoliosis: feasible and effective. *Clin Orthop Relat Res.* May 2011; 469(5):1335-1341. PMID 21213088

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## Centers for Medicare and Medicaid Services (CMS)

The information contained in this section is for informational purposes only. HCSC makes no representation as to the accuracy of this information. It is not to be used for claims adjudication for HCSC Plans.

The Centers for Medicare and Medicaid Services (CMS) does not have a national Medicare coverage position. Coverage may be subject to local carrier discretion.

A national coverage position for Medicare may have been developed since this medical policy document was written. See Medicare's National Coverage at <<https://www.cms.hhs.gov>>.

### Policy History/Revision

Date	Description of Change
11/15/2024	Document updated with literature review. Coverage unchanged. No new references added.
01/01/2024	Reviewed. No changes.
10/01/2022	Document updated with literature review. Coverage unchanged. Added references 13-14. Document title changed from: Vertical Expandable Prosthetic Titanium Rib (VEPTR) for Thoracic Insufficiency Syndrome (TIS).
08/01/2021	Reviewed. No changes.
12/15/2020	Document updated with literature review. Coverage unchanged. No new references added.
09/15/2019	Reviewed. No changes.
08/15/2018	Document updated with literature review. Coverage unchanged. Reference 14 added.
04/15/2017	Reviewed. No changes.
10/01/2016	Document updated with literature review. Coverage unchanged.
01/01/2015	Reviewed. No changes.
12/15/2013	Document updated with literature review. Coverage unchanged. CPT/HCPCS code(s) updated
01/01/2010	Revised/updated entire document. No change in conditional coverage criteria
09/01/2007	Revised/updated entire document.
08/01/2005	New medical document