Policy Number	SUR709.032
Policy Effective Date	12/15/2024

# **Plugs for Fistula Repair**

Table of Contents	Related Policies (if applicable)
<u>Coverage</u>	None
Policy Guidelines	
<b>Description</b>	
Rationale	
Coding	
<u>References</u>	
Policy History	

#### Disclaimer

#### Carefully check state regulations and/or the member contract.

Each benefit plan, summary plan description or contract defines which services are covered, which services are excluded, and which services are subject to dollar caps or other limitations, conditions or exclusions. Members and their providers have the responsibility for consulting the member's benefit plan, summary plan description or contract to determine if there are any exclusions or other benefit limitations applicable to this service or supply. If there is a discrepancy between a Medical Policy and a member's benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract will govern.

#### Coverage

Biosynthetic fistula plugs, including plugs made of porcine small intestine submucosa or of synthetic material, **are considered experimental**, **investigational and/or unproven** for all indications including, but not limited to, repair of anal fistulas.

## **Policy Guidelines**

None.

#### Description

A fistula is an abnormal connection between two epithelialized surfaces, such as blood vessels, intestines, or other hollow organs. Some causes of fistulas include tuberculosis, cancer, prior radiotherapy, injury, surgery, and inflammatory bowel disease, but they also may be surgically created for a therapeutic purpose. Fistulas may occur singly or in multiples.

#### Background

Plugs for Fistula Repair/SUR709.032

An anal fistula is an abnormal communication between the interior of the anal canal or rectum and the skin surface. Rarer forms may communicate with the vagina or other pelvic structures, including the bowel. Most fistulas begin as anorectal abscesses, which are thought to arise from infection in the glands around the anal canal. When the abscess opens spontaneously in the anal canal (or has been opened surgically), a fistula may occur. Studies have reported that 26% to 37% of cases of perianal abscesses eventually form anal fistulas. (1)

Other causes of fistulas include tuberculosis, cancer, prior radiotherapy, and inflammatory bowel disease. Symptoms include a purulent discharge and drainage of pus and/or stool near the anus, which can irritate the outer tissues causing itching and discomfort. Pain occurs when fistulas become blocked and abscesses recur. Flatus may also escape from the fistulous tract.

The most widely used classification of anal fistulas is the Parks classification system, which defines anal fistulas by their position relative to the anal sphincter as transsphincteric, intersphincteric, suprasphincteric, or extrasphincteric. More simply, anal fistulas are described as low (present distally and not extending up to the anorectal sling) or high (extending up to or beyond the anorectal sling). The repair of high fistulas can be associated with incontinence. Diagnosis may involve a fistula probe, anoscopy, fistulography, ultrasound, or magnetic resonance imaging (MRI).

## <u>Treatment</u>

Treatment is aimed at repairing the fistula without compromising continence.

Surgical treatments for anal fistulas include fistulotomy or fistulectomy, endorectal or anal sliding flaps, ligation of the intersphincteric fistula tract (LIFT) technique, seton drain, and fibrin glue. Fistulotomy involves division of the tissue over the fistula and laying open of the fistula tract. Although fistulotomies are widely used for low fistulas, lay-open fistulotomies in high fistulas carry the risk of incontinence. A seton is a thread placed through the fistula tract to drain fistula material and preventing the development of a perianal infection. Draining setons can control sepsis, but few patients heal after removal of the seton, and the procedure is poorly tolerated long-term. A "cutting seton" refers to the process of regular tightening of the seton to encourage gradual cutting of the sphincteric muscle with subsequent inflammation and fibrosis. Cutting setons can cause continence disturbances. Endorectal advancement flaps involve the advancement of a full or partial thickness flap of the proximal rectal wall over the internal (rectal) opening of the fistula tract. The intersphincteric fistula tract technique involves identifying the intersphincteric plane and then dividing the fistula tract; its use has been reported in small studies, but long-term follow-up is unavailable. (2) Fibrin glue is a combination of fibrinogen, thrombin, and calcium in a matrix, which is injected into the fistula track. The glue induces clot formation within the tract, which is then closed through the overgrowth of new tissue.

# Fistula Plugs

Fistula plugs are designed to provide a structure that acts as a scaffold for new tissue growth. The scaffold, which can be derived from animal (e.g., porcine) tissue or a synthetic copolymer

fiber, is degraded by hydrolytic or enzymatic pathways as healing progresses. The plug is pulled through the fistula tract and secured at the fistula's proximal opening; the fistula tract is left open at the distal opening to allow drainage. Several fistula plugs have been cleared for marketing by the United States (U.S.) Food and Drug Administration (FDA) (see Regulatory Status section).

A fistula plug derived from autologous cartilage tissue has been investigated in a small (N=10) pilot study. (3)

## **Regulatory Status**

Several plugs for fistula repair have received clearance for marketing from the U.S. FDA through the 510(k) process and are outlined in Table 1.

Device	Year	Description	Indication(s)	Predicate Device(s)	FDA Product Code
SIS Fistula Plug (Cook Biotech)	Mar 2005	<ul> <li>Manufactured from porcine SIS</li> </ul>	<ul> <li>Repair of anal, rectal, and entero- cutaneous fistulas</li> </ul>	<ul> <li>SURGISIS<sup>®</sup> Soft Tissue Graft (Cook Biotech)</li> <li>STRATASIS<sup>®</sup> Urethral Sling (Cook Biotech)</li> </ul>	FTM
Surgisis RVP Recto-Vaginal Fistula Plug (Cook Biotech)	Oct 2006	<ul> <li>Manufactured from porcine SIS</li> <li>Tapered configuration with a button to increase plug retention and improve fistula blockage</li> </ul>	<ul> <li>Reinforce soft tissue to repair recto- vaginal fistulas</li> </ul>	<ul> <li>SIS Fistula Plug (Cook Biotech)</li> </ul>	FTM
Surgisis Biodesign Enterocutaneou s Fistula Plug (Cook Biotech)	Feb 2009	<ul> <li>Manufactured from porcine SIS</li> <li>Tapered configuration with flange to increase plug retention and improved fistula blockage</li> </ul>	<ul> <li>Reinforce soft tissue to repair entero- cutaneous fistulas</li> </ul>	<ul> <li>SIS Fistula Plug (Cook Biotech)</li> </ul>	FTM

## Table 1. Devices for Fistula Repair

Gore Bio-A Fistula Plug (W.L. Gore & Assoc.)	Mar 2009	<ul> <li>Manufactured from bioabsorb- able PGA: TMC copolymer</li> <li>Supplied in a 3- dimensional configuration of a disk with attached tubes</li> </ul>	<ul> <li>Reinforce soft tissue to repair anorectal fistulas</li> </ul>	<ul> <li>Gore Bioabsorb- able Mesh (W.L. Gore &amp; Assoc.)</li> <li>SIS Fistula Plug (Cook Biotech)</li> </ul>	FTL
Biodesign Anal Fistula Plug (Cook Biotech)	May 2016	<ul> <li>Manufactured from porcine SIS</li> <li>Additional wash steps added in processing</li> </ul>	<ul> <li>Reinforce soft tissue where a rolled configurati on is required to repair anal, rectal, and entero- cutaneous fistulas</li> </ul>	<ul> <li>SIS Fistula Plug (Cook Biotech)</li> </ul>	FTM

FDA: Food and Drug Administration; PGA: TMC; polyglycolide-co-trimethylene carbonate; SIS: small intestinal submucosa.

# Rationale

This policy was created in 2007 and has been updated regularly with searches of the PubMed database. The most recent literature update was performed through September 21, 2022.

Medical policies assess the clinical evidence to determine whether the use of technology improves the net health outcome. Broadly defined, health outcomes are the length of life, quality of life, and ability to function-including benefits and harms. Every clinical condition has specific outcomes that are important to patients and managing the course of that condition. Validated outcome measures are necessary to ascertain whether a condition improves or worsens; and whether the magnitude of that change is clinically significant. The net health outcome is a balance of benefits and harms.

To assess whether the evidence is sufficient to draw conclusions about the net health outcome of technology, two domains are examined: the relevance, and quality and credibility. To be relevant, studies must represent one or more intended clinical use of the technology in the intended population and compare an effective and appropriate alternative at a comparable intensity. For some conditions, the alternative will be supportive care or surveillance. The quality and credibility of the evidence depend on study design and conduct, minimizing bias

and confounding that can generate incorrect findings. The randomized controlled trial (RCT) is preferred to assess efficacy; however, in some circumstances, nonrandomized studies may be adequate. RCTs are rarely large enough or long enough to capture less common adverse events and long-term effects. Other types of studies can be used for these purposes and to assess generalizability to broader clinical populations and settings of clinical practice.

#### Anal Fistula Repair

#### Clinical Context and Therapy Purpose

The purpose of placing anal fistula plugs (AFPs) in patients who have anal fistulas is to provide a treatment option that is an alternative to or an improvement on existing therapies.

The following PICO was used to select literature to inform this policy.

*Populations* The relevant population of interest is patients with anal fistulas.

Interventions

The therapy being considered is an AFP.

#### Comparators

The following therapies are currently being used to treat anal fistulas: fistulotomy or fistulectomy, endorectal or anal sliding flaps, seton drains, and fibrin glue.

#### Outcomes

The general outcomes of interest are fistula repair and healing, elimination of symptoms, treatment-related complications (e.g., abscess), and fistula recurrence.

Short-term postsurgical follow-up can range between 2 and 12 weeks while longer-term followup monitoring can range from weeks to months.

## Study Selection Criteria

Methodologically credible studies were selected using the following principles:

- To assess efficacy outcomes, comparative controlled prospective trials were sought, with a preference for RCTs.
- In the absence of such trials, comparative observational studies were sought, with a preference for prospective studies.
- To assess long-term outcomes and adverse events, single-arm studies that capture longer periods of follow-up and/or larger populations were sought.
- Studies with duplicative or overlapping populations were excluded.

## Systematic Reviews

Cheung et al. (2021) completed a systematic review and meta-analysis of all the available evidence (N=28 studies) on the surgical management of adults with non-Crohn-related perianal fistulas. (4) The primary outcomes were fistula recurrence and fecal incontinence. Since the

included studies had a range of different comparison groups, pooling of data from all 28 studies was not possible. In the review, 2 studies (van Koperen et al. [2011] [5], and Ortiz et al. [2009] [6], described in the Randomized Controlled Trials section) compared fistula plug with advancement flap, with an increased recurrence rate in the plug group. Pooled data analysis on recurrence revealed an odds ratio (OR) favoring the advancement flap (OR=4.22; 95% confidence interval [CI], 1.76 to 10.13; p=.03). No difference in incontinence scores between groups was noted.

Narang et al. (2016) published a systematic review of the Gore Bio-A plug for anal fistulas, which included 6 studies (N=221 patients) in a qualitative synthesis. (7) Fistula healing rates ranged from 15.8% to 72.7%. Reviewers assessed the overall quality of the underlying studies as poor.

Nasseri et al. (2016) reported on a systematic review of AFP for patients with Crohn disease and anal fistulas. (8) Twelve studies were included: 8 nonrandomized prospective studies and 4 retrospective studies (N=84; range, 1 to 20 patients per study). Due to study heterogeneity, reviewers did not perform a weighted analysis with summary efficacy estimates. The total success rate of AFPs was 49 (58.3%) of 84 placed (95% CI, 47% to 69%).

Xu et al. (2016) reported on a meta-analysis of 10 comparative studies of AFPs and mucosal advancement flaps (MAFs) for complex anal fistulas (N=778 patients). (9) Three studies were randomized trials; the remaining were observational studies or did not describe designs. In the pooled analysis, there were no significant differences in healing rates at the end of follow-up between the AFP and MAF groups (odds ratio [OR], 0.79; 95% CI, 0.36 to 1.73; p=0.55,  $l^2$ =74%). None of the 7 studies reporting on recurrence rates found significant differences in recurrence rates (OR=2.29; 95% CI, 0.59 to 8.88; p=0.23,  $l^2$ =83%). However, conclusions were limited by shortcomings in the underlying evidence base.

Cirocchi et al. (2013) published results of a systematic review and meta-analysis of studies that compared biologically derived products for fistula repair, including fibrin glue, AFPs, and acellular dermal matrix, with surgical therapy for fistula repair. (10) Seven studies met eligibility criteria, four of which compared AFPs with surgery, and two of which were RCTs (van Koperen et al. [2011] [5], and Ortiz et al. [2009] [6]). In the combined analysis, AFP placement did not differ significantly from surgical treatment regarding rates of healing (relative risk, 1.19; 95% CI, 0.51 to 2.76). Recurrence of anal fistulas did not differ significantly between patients treated with AFP and those treated with surgery, although the CI for the pooled analysis was very wide (OR=3.12; 95% CI, 0.52 to 18.83).

In 2012, 3 reviews compared AFP with conventional surgical treatment for anal fistulas. (11-13) Pu et al. (2012) undertook a meta-analysis of 5 studies (2 RCTs, 3 retrospective studies) published through April 2012. Treatment options in the conventional arm included endorectal or mucosal advancement flaps, fibrin glue, and seton drains. (11) The 2 RCTs included van Koperen et al. (2011) (5) and Ortiz et al. (2009) (6). On combined analysis (5 studies, 428

patients). AFP patients had a higher recurrence rate (62%) than those undergoing conventional treatment options (47%; p=0.004) after 3-month follow- up (OR=1.91; 95% CI, 1.23 to 2.97).

Leng and Jin (2012) undertook a meta-analysis of 6 studies published through April 2011 (3 RCTs, 2 retrospective studies, 1 cohort study) involving 408 patients comparing AFP with MAF. (12) Two RCTs in this analysis were included by Pu et al. (2012) review (previously described); the third RCT was a Chinese trial of 90 patients comparing AFP (manufactured in China with design similar to the SURGISIS) with the MAF. On combined analysis, the differences in the overall success rates (6 studies) and incidence of fistula recurrence (4 studies including 3 RCTs) did not differ statistically significant between AFP and MAF (risk difference, -0.12; 95% CI, -0.39 to 0.14; risk difference, 0.13; 95% CI, -0.18 to 0.43, respectively). However, the risk of continence postoperatively (3 studies including 2 RCTs) was reported to be lower with AFP (risk difference, -0.08; 95% CI, 0.15 to -0.02). In addition to the small numbers of controlled studies and limited follow-ups, the studies in this meta-analysis had significant heterogeneity.

O'Riordan et al. (2012) conducted a systematic review of AFP (20 studies including the RCTs by van Koperen et al. [2011] and Ortiz et al. [2009]) for patients with Crohn and non-Crohn-related anal fistulas. (13) The follow-up period across studies ranged from 3 to 24.5 months. The pooled proportion of patients achieving fistula closure in those with non-Crohn anal fistula (0.54; 95% CI, 0.50 to 0.59) was similar to that in those with Crohn disease (0.55; 95% CI, 0.39 to 0.70). There were no reported cases of significant change in continence after AFP insertion in any study patients (total N=196). Review findings were limited by the variability of operative technique and perioperative care across studies, which may have influenced the probability of success or failure associated with the AFP.

# Randomized Controlled Trials

Jayne et al. (2021) compared the use of porcine AFPs (Biodesign Surgisis) with surgeon's preference (advancement flap, cutting seton, fistulotomy, or Ligation of the Intersphincteric Fistula Tract [LIFT] procedure) in 304 patients with transsphincteric fistulas in the pragmatic, multicenter, randomized FIAT trial. (14) The primary outcome was fecal incontinence quality of life (FIQoL) at 12 months. Secondary outcome measures included fistula healing, incontinence rates, and complications. No significant differences were seen in FIQoL between groups at 12 months. Clinical fistula healing was reported in 66/122 (54%) of the AFP group and 66/119 (55%) of the surgeon's preference group at 12 months. Marginal improvement in fecal incontinence rates was observed in both groups. Frequent complications and reinterventions were observed, with significantly more complications in the AFP group at 6 weeks (49/142, 35% vs 25/137, 18%; P=0.002).

Senejoux et al. (2016) reported on an RCT comparing AFP with seton removal alone in 106 patients who had Crohn disease with non- or mildly active disease but at least 1 anoperineal fistula drained for at least 1 month. (15) The trial was powered for the superiority of AFP, and analysis was intention-to-treat. At 12 weeks of follow-up, in the AFP group (n=54), the clinical remission rate was 31.5% compared with 23.1% in the control group (relative risk, 1.31; 95% CI,

0.59 to 4.02; p=0.19). Fistula tract healing rates on magnetic resonance imaging did not differ significantly between groups at 12 weeks.

van Koperen et al. (2011) reported on a double-blinded, multicenter, randomized trial comparing AFP with mucosal advancement flap in 60 patients with high perianal fistulas. (5) At 11-month follow-up, trialists reported fistula recurrence in 22 (71%) patients in the AFP group and 15 (52%) patients in the advancement flap group; these rates did not differ significantly (p=0.126). Postoperative pain scores, quality of life after surgery, and functional outcomes did not differ significantly between groups. Despite disappointing results, trialists indicated the plug might be considered as an initial treatment option because the procedure is simple and minimally invasive.

Ortiz et al. (2009) compared the use of porcine submucosal (Surgisis) AFPs with an endorectal anal flap (ERAF) procedure in an RCT of 43 patients with high anal fistula. (6) The primary end point was fistula healing. Recurrence was defined as the presence of an abscess in the same area or obvious evidence of fistulization. Five patients in the AFP group and 6 in the ERAF group did not receive the allocated intervention, leaving 32 patients. One patient in the AFP group was lost to follow-up. A large number of fistula recurrences in the fistula plug group led to the premature closure of the trial. After 1 year, fistula recurrence was seen in 12 of 15 patients treated with an AFP versus 2 of 16 patients who underwent the flap procedure (relative risk, 6.40; 95% CI, 1.70 to 23.97; p<0.001). A trend for more sphincter involvement and more women in the ERAF group was noted. Complications were not reported.

## Nonrandomized Comparative Studies

## **Prospective Studies**

Hall et al. (2014) reported results from another larger multicenter registry study of prospectively collected data for 240 anal fistula surgeries, including those conducted with AFPs. (16) Rates of utilization of fistulotomy, ligation of the intersphincteric fistula tract (LIFT) technique, advancement flap, AFP placement, draining seton, and cutting seton were 61%, 18%, 6.3%, 4.2%, 8.3%, and 0.83%, respectively. The healing rate for patients treated with AFPs was 20% (95% CI, 5% to 50%) compared with 95% after fistulotomy (95% CI, 89% to 97%), 79% after intersphincteric fistula tract technique (95% CI, 65% to 88%), 60% after flap advancement (95% CI, 33% to 77%), and 100% after cutting seton placement (95% CI, 34% to 100%).

In one of the larger, prospective studies, Hyman et al. (2009) reported on outcomes data for various procedures to treat anal fistulas in 245 patients at 13 hospitals. (17) Data were collected as part of a prospective, multicenter outcomes registry. Fistulotomy was the most frequently performed procedure (n=120), followed by fistula plug (n=43), staged fistulotomy (n=36), seton drain only (n=21), cutting seton (n=13), fibrin glue (n=5), and advancement flap (n=4). Three patients were listed as other or unrecorded. At 1 month and 3 months, 19.5% and 63.2% of patients were healed, respectively. At 3 months, 32% of fistula plug patients had healed compared with 87% of fistulotomy, 50% of staged fistulotomy, and 5% of seton drain-only patients. The authors noted limitations to this registry-based study, including concerns about

data entry, lack of standardized surgical procedures, and heterogeneity among patients. The 3-month results may also indicate longer healing times might be required.

# **Retrospective Studies**

Several retrospective studies have also compared AFP with alternative treatments. Fisher et al. (2015) retrospectively evaluated success rates after AFP (n=31) or endorectal advancement flap (n=40) in patients with anal fistula treated at a single institution from 2007 to 2012. (18) For patients treated after May 2007; the Surgisis AFP was available. More patients treated with AFP had inflammatory bowel disease (29.0% vs 5.0%; p=0.008). During follow-up, 12 (39%) patients treated with AFP and 17 (43%) treated with endorectal advancement flap had fistula recurrence (OR=0.94; 95% CI, 0.32 to 2.72; p=1.00). Rates of complications did not differ significantly between groups.

Christoforidis et al. (2009) retrospectively analyzed patients from a U.S. center with transsphincteric fistulas treated with ERAF (n=43) or anal plug (Surgisis; n=37) between 1996 and 2007. (19) Success was defined as closed external opening in the absence of symptoms at minimal follow-up of 6 months. The success rate was 63% in the ERAF group and 32% in the AFP group after a mean follow-up of 56 months (range, 6-136 months) for ERAF and 14 months (range, 6-22 months) for AFP. After exclusion of patients with early AFP extrusion, which may be considered a technical failure, the ERAF advantage was not statistically significance (p=0.06). Twenty-three of 27 patients who had ERAF and 7 of 12 patients who had AFP responded to a questionnaire addressing functional outcomes. In the ERAF group, 11 of 23 patients had no continence disturbance versus 6 of 7 in the AFP group. The lack of prospectively collected incontinence scores before the procedure, and a low response rate in the AFP group does not permit valid comparisons on functional outcomes. Complication rates were low in both groups; only 2 patients in the ERAF group required reoperation for bleeding.

Wang et al. (2009) compared outcomes for patients who had transsphincteric fistulas treated using an AFP from 2005 to 2006 (n=29) with historical controls treated with ERAF (2001-2005) (n=26). (20) Of 26 initial flap procedures, 10 failed and 16 healed. Of 29 initial plug procedures, 19 failed and 10 healed. In total, 30 advancement flaps and 34 plug procedures were performed (including additional treatments for failed initial procedures). Closure rates were 34% for plugs (mean follow-up, 279 days; range, 110-690 days) and 62% for flaps (median follow-up, 819 days; range, 93-1928 days; p=0.045). Complications were not reported.

A retrospective study of 232 patients treated in Canada between 1997 and 2008 using various methods for high transsphincteric anal fistulas was reported by Chung et al. (2009). (21) Postoperative healing rates at the 12-week follow-up for the fistula plug, fibrin glue, flap advancement, and seton drain groups were 59%, 39%, 60%, and 33%, respectively. The closure of the primary fistula opening using an AFP and flap advancement resulted in similar fistula healing rates in this patient group and that these strategies were superior to seton placement and fibrin glue. The 12-week follow-up in this study was likely too short to evaluate the durability of treatment.

#### **Other Types of Fistulas**

Other studies have reported treatment of very small numbers of patients with rectovaginal fistulas, endoscopic treatment of postoperative enterocutaneous fistulas after bariatric surgery, colocutaneous fistulas, and recurrent tracheoesophageal fistulas treated with a fistula plug. (24-31)

#### Summary of Evidence

For individuals who have anal fistula(s) who receive placement of an anal fistula plug (AFP), the evidence includes 4 randomized controlled (RCTs), a number of comparative and noncomparative nonrandomized studies, and systematic reviews of these studies. Relevant outcomes are symptoms, change in disease status, morbid events, functional outcomes, and treatment-related morbidity. Two RCTs comparing AFP with surgical flap treatment have reported disparate findings: one found significantly higher rates of fistula recurrence with AFP; the other found similar rates of recurrence for AFP and surgical treatment. Another RCT that compared AFP with seton drain removal alone for patients with fistulizing Crohn disease, found no significant difference in healing rates at 12 weeks between groups. An RCT comparing AFP with surgeon's preference reported significantly higher complication rates with AFP. Systematic reviews of AFP repair have demonstrated a wide range of success rates and heterogeneity in study results. Nonrandomized studies have also reported conflicting results. Additionally, the evidence to support the use of fistula plugs to treat other types of fistulas is lacking. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

#### **Practice Guidelines and Position Statements**

## American Society of Colon and Rectal Surgeons

The 2022 practice guidelines on the treatment of anorectal abscess, fistula-in-ano, and rectovaginal fistula from the Society provided a strong recommendation based on moderatequality evidence that anal fistula plugs and fibrin glue are relatively ineffective treatments for fistula-in-ano. (22)

## National Institute for Health and Care Excellence

In 2019, the National Institute for Health and Care Excellence updated its guidance on the suturable bioprosthetic plug. (23) The Institute determined that "evidence on the safety and efficacy of bioprosthetic plug insertion for anal fistula is adequate to support the use of this procedure provided that standard arrangements are in place for clinical governance, consent, and audit." Though, it was noted that "the procedure should only be done by a surgeon experienced in managing anal fistulas."

#### **Ongoing and Unpublished Clinical Trials**

An online search of ClinicalTrials.gov through September 21, 2022 identified no clinical trials that would likely influence this policy.

## Coding

Procedure codes on Medical Policy documents are included **only** as a general reference tool for each policy. **They may not be all-inclusive.** 

The presence or absence of procedure, service, supply, or device codes in a Medical Policy document has no relevance for determination of benefit coverage for members or reimbursement for providers. **Only the written coverage position in a Medical Policy should be used for such determinations.** 

Benefit coverage determinations based on written Medical Policy coverage positions must include review of the member's benefit contract or Summary Plan Description (SPD) for defined coverage vs. non-coverage, benefit exclusions, and benefit limitations such as dollar or duration caps.

CPT Codes	43305, 43312, 44640, 46707, 57300, 57305, 57307, 57308
HCPCS Codes	C9796

\*Current Procedural Terminology (CPT®) ©2023 American Medical Association: Chicago, IL.

#### References

- 1. Simpson JA, Banerjea A, Scholefield JH. Management of anal fistula. BMJ. Oct 15 2012; 345:e6705. PMID 23069597
- Campbell ML, Abboud EC, Dolberg ME, et al. Treatment of refractory perianal fistulas with ligation of the intersphincteric fistula tract: preliminary results. Am Surg. Jul 2013; 79(7): 723-727. PMID 23816007
- 3. Ozturk E. Treatment of recurrent anal fistula using an autologous cartilage plug: a pilot study. Tech Coloproctol. May 2015; 19(5):301-307. PMID 25850629
- 4. Cheung XC, Fahey T, Rogers AC, et al. Surgical Management of Idiopathic Perianal Fistulas: A Systematic Review and Meta-Analysis. Dig Surg. 2021; 38(2):104-119. PMID 33503621
- van Koperen PJ, Bemelman WA, Gerhards MF, et al. The anal fistula plug treatment compared with the mucosal advancement flap for cryptoglandular high transsphincteric perianal fistula: a double-blinded multicenter randomized trial. Dis Colon Rectum. Apr 2011; 54(4):387-393. PMID 21383557
- 6. Ortiz H, Marzo J, Ciga MA, et al. Randomized clinical trial of anal fistula plug versus endorectal advancement flap for the treatment of high cryptoglandular fistula in ano. Br J Surg. Jun 2009; 96(6):608-612. PMID 19402190
- Narang SK, Jones C, Alam NN, et al. Delayed absorbable synthetic plug (GORE(R) BIO-A(R)) for the treatment of fistula-in-ano: a systematic review. Colorectal Dis. Jan 2016; 18(1):37-44. PMID 26542191
- 8. Nasseri Y, Cassella L, Berns M, et al. The anal fistula plug in Crohn's disease patients with fistula-in-ano: a systematic review. Colorectal Dis. Apr 2016; 18(4):351-356. PMID 26749385
- 9. Xu Y, Tang W. Comparison of an anal fistula plug and mucosa advancement flap for complex anal fistulas: a meta-analysis. ANZ J Surg. Dec 2016; 86(12):978-982. PMID 27680894
- 10. Cirocchi R, Trastulli S, Morelli U, et al. The treatment of anal fistulas with biologically derived products: is innovation better than conventional surgical treatment? An update. Tech Coloproctol. Jun 2013; 17(3):259-273. PMID 23207714
- 11. Pu YW, Xing CG, Khan I, et al. Fistula plug versus conventional surgical treatment for anal fistulas. A system review and meta-analysis. Saudi Med J. Sep 2012; 33(9):962-966. PMID 22964807

- 12. Leng Q, Jin HY. Anal fistula plug vs mucosa advancement flap in complex fistula-in-ano: A meta-analysis. World J Gastrointest Surg. Nov 27 2012; 4(11):256-261. PMID 23494149
- 13. O'Riordan JM, Datta I, Johnston C, et al. A systematic review of the anal fistula plug for patients with Crohn's and non-Crohn's related fistula-in-ano. Dis Colon Rectum. Mar 2012; 55(3):351-358. PMID 22469804
- Jayne DG, Scholefield J, Tolan D, et al. A Multicenter Randomized Controlled Trial Comparing Safety, Efficacy, and Cost-effectiveness of the Surgisis Anal Fistula Plug Versus Surgeon's Preference for Transsphincteric Fistula-in-Ano: The FIAT Trial. Ann Surg. Mar 01 2021; 273(3):433-441. PMID 32516229
- Senejoux A, Siproudhis L, Abramowitz L, et al. Fistula Plug in Fistulising Ano-Perineal Crohn's Disease: a Randomised Controlled Trial. J Crohns Colitis. Feb 2016; 10(2):141-148. PMID 26351393
- Hall JF, Bordeianou L, Hyman N, et al. Outcomes after operations for anal fistula: results of a prospective, multicenter, regional study. Dis Colon Rectum. Nov 2014; 57(11):1304-1308.
   PMID 25285698
- 17. Hyman N, O'Brien S, Osler T. Outcomes after fistulotomy: results of a prospective, multicenter regional study. Dis Colon Rectum. Dec 2009; 52(12):2022-2027. PMID 19934925
- Fisher OM, Raptis DA, Vetter D, et al. An outcome and cost analysis of anal fistula plug insertion vs endorectal advancement flap for complex anal fistulae. Colorectal Dis. Jul 2015; 17(7):619-626. PMID 25641401
- 19. Christoforidis D, Pieh MC, Madoff RD, et al. Treatment of transsphincteric anal fistulas by endorectal advancement flap or collagen fistula plug: a comparative study. Dis Colon Rectum. Jan 2009; 52(1):18-22. PMID 19273951
- Wang JY, Garcia-Aguilar J, Sternberg JA, et al. Treatment of transsphincteric anal fistulas: are fistula plugs an acceptable alternative? Dis Colon Rectum. Apr 2009; 52(4):692-697. PMID 19404076
- Chung W, Kazemi P, Ko D, et al. Anal fistula plug and fibrin glue versus conventional treatment in repair of complex anal fistulas. Am J Surg. May 2009; 197(5):604-608. PMID 19393353
- Gaertner WB, Burgess PL, Davids JS, et al. The American Society of Colon and Rectal Surgeons Clinical Practice Guidelines for the Management of Anorectal Abscess, Fistula-in-Ano, and Rectovaginal Fistula. Dis Colon Rectum. Aug 01 2022; 65(8):964-985. PMID 35732009
- 23. National Institute for Health and Care Excellence (NICE). Bioprosthetic plug insertion for anal fistula [IPG662]. September 25, 2019. Available at: <a href="https://www.nice.org.uk">https://www.nice.org.uk</a>. (accessed September 21, 2022).
- 24. Gonsalves S, Sagar P, Lengyel J, et al. Assessment of the efficacy of the rectovaginal button fistula plug for the treatment of ileal pouch-vaginal and rectovaginal fistulas. Dis Colon Rectum. Nov 2009; 52(11):1877-1881. PMID 19966636
- 25. Gajsek U, McArthur DR, Sagar PM. Long-term efficacy of the button fistula plug in the treatment of ileal pouch-vaginal and Crohn's-related rectovaginal fistulas. Dis Colon Rectum. Aug 2011; 54(8):999-1002. PMID 21730789

- 26. Toussaint E, Eisendrath P, Kwan V et al. Endoscopic treatment of postoperative enterocutaneous fistulas after bariatric surgery with the use of a fistula plug: report of five cases. Endoscopy. June 2009; 41(6):560-563. PMID 19533563
- 27. Crespo Vallejo E, Martinez-Galdamez M, Del Olmo Martinez L et al. Percutaneous treatment of a duodenocutaneous high-flow fistula using a new biological plug. Diagn Interv Radiol. May-June 2015; 21(3):247-251. PMID 25835076
- 28. Miranda LE, Sabat BD, Carvalho EA. A low-output colocutaneous fistula healed by Surgisis anal plug. Tech Coloproctol. Dec 2009; 13(4):315-316. PMID 19652908
- 29. Truong S, Bohm G, Klinge U et al. Results after endoscopic treatment of postoperative upper gastrointestinal fistulas and leaks using combined Vicryl plug and fibrin glue. Surg Endosc. July 2004; 18(7):1105-1108. PMID 15156390
- 30. Filgate R, Thomas A, Ballal M. Treatment of foregut fistula with biologic plugs. Surg Endosc. 2015; 29(7):2006-2012. PMID 25427409
- 31. Darrien JH and Kasem H. Successful closure of gastrocutaneous fistulas using the Surgisis<sup>®</sup> anal fistula plug. Ann R Coll Surg Engl. May 2014; 96(4):271-274. PMID 24780017

# **Centers for Medicare and Medicaid Services (CMS)**

The information contained in this section is for informational purposes only. HCSC makes no representation as to the accuracy of this information. It is not to be used for claims adjudication for HCSC Plans.

The Centers for Medicare and Medicaid Services (CMS) does not have a national Medicare coverage position. Coverage may be subject to local carrier discretion.

A national coverage position for Medicare may have been developed since this medical policy document was written. See Medicare's National Coverage at <a href="https://www.cms.hhs.gov">https://www.cms.hhs.gov</a>>.

Policy History/Revision		
Date	Description of Change	
12/15/2024	Reviewed. No changes.	
07/15/2023	Document updated with literature review. Coverage unchanged. The	
	following reference was added 22; others were updated and some removed.	
04/15/2022	Document updated with literature review. Coverage unchanged. The	
	following reference was added: 4.	
10/01/2021	Reviewed. No changes.	
01/15/2021	Document updated with literature review. Coverage unchanged. The	
	following references were added/updated: 15, 32 and 34.	
04/01/2019	Reviewed. No changes.	
07/15/2018	Document updated with literature review. Coverage unchanged. References	
	4-6, 15, and 32-33 added.	
04/15/2017	Reviewed. No changes.	
04/15/2016	Document updated with literature review. Coverage unchanged.	

04/15/2015	Reviewed. No changes.
01/01/2014	Document updated with literature review. Coverage unchanged. CPT/HCPCS
	code(s) updated.
08/15/2011	Document updated with literature review. Coverage language changed as
	follows: Biosynthetic fistula plugs, including plugs made of porcine small
	intestine submucosa or of synthetic material are considered experimental,
	investigational and unproven for all indications including, but not limited to,
	repair of anal and rectal fistulas. Complete revision of description and
	rationale. Codes updated.
05/01/2009	Revised/updated entire document
02/15/2007	New medical document